

# Young Adult Retreat (May 20-22)

## Lake Champion

247 Mohican Lake Rd

Glen Spey, NY 12737

**Cost:**  
**Reg Due:**

name:

circle one: MALE

FEMALE

age(must be 18+):

address:

city:

state:           zip:

phone:

emergency contact:

phone:

group/church name:

group leader:

### MEDICAL QUESTIONNAIRE

1) Are you presently taking any medications or carrying any emergency medication?

YES                      NO

Medication      Dose      Condition Being Treated

A.

B.

C.

2) Are you allergic to any type of medication or food?

YES                      NO

If yes, what medicine or food?

3) Do you have any physical handicap or illness which would prevent you from participating in normal rigorous activity?

YES                      NO

### CONSENT & CERTIFICATION

In the event I cannot be reached in an emergency or am unable to respond, I authorize the calling of a doctor and the providing of necessary medical services in the event I am injured or become ill. I understand that neither the Church, Lake Champion, nor the Metropolitan District of the C&MA will be responsible for medial expenses incurred, but that such expense will be my responsibility. I agree to notify the retreat staff in the event of any health changes which would restrict me from any activity that they do not feel is within my physical capabilities.

I the undersigned, do hereby consent to my participation in all of the scheduled activities of the Metropolitan District of the C&MA "Alliance Youth" during the 2011 young adult retreat at Lake Champion in Glen Spey, NY, including swimming, boating, hiking, climbing, ropes course, zip line, climbing wall, sporting events, and any other activities that are associated with this weekend. I certify that I am physically fit and adequately trained to participate in events such as swimming, boating, hiking, climbing, ropes course, zip line, climbing wall, sporting events, and any other activities that are associated with this retreat except as previously noted.

**Signature and Date**

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**Insurance Policy & Group #**

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### What's it about?

Young Adults and college students gather at Lake Champion for a weekend of fun as they are challenged to grow in their relationship with God! Lake Champion is a spectacular camp in Glen Spey, NY, a little north of Port Jervis.

### What's included?

Delicious and fun meals

Hot tub! Giant Swing.

Ropes Course. Indoor Gym.

Live Music. Great Rooms.

Zip Line. Beach Volleyball.

And a chance to connect with God and others!

### Please Note

There is very limited cell phone service at LC.

### What to Bring

Sleeping Bag/Bedding, Pillow & Towel

Required Medicine & Toiletries

A Bible and a notebook

Bathing Suit, Towel for Hot Tub

Appropriate weather clothes

Optional spending money  
for snack bar & store.

### What NOT to Bring

Drugs or Alcohol

Cigarettes or tobacco products

Fireworks

Weapons of any kind

**STUFF TO DO PRANKS WITH!!**